

Hello Members!

May has arrived and it's time for another facility update. Please take a moment to read through our May Newsletter:

- **General Feedback Survey**
 - Thank you to everyone who took the time to fill out our survey. We are thrilled to receive an overall satisfaction score of 9.5/10, and also to receive several suggestions on how to make our facility even better. Take a moment to read through a summary of the [results](#).
 - Congratulations to Jodi who won the draw prize of a free one month membership for filling out the survey!
- **Springo Bingo**
 - This challenge wraps up on Friday! Can you get a blackout??
 - We will be compiling results and doing draws for prizes next week. Prizes will be announced **May 13th**.
- **Hit-Fit Boxing Demo Class**
 - Russel will be teaching a 45min boxing demo class on **May 16th at 11am**.
 - This free class is limited to 10 participants. Email [Russel](#) to register or if you have any questions.
 - Pads will be provided. It is recommended that you bring your own gloves, but there will be gloves that you can borrow if needed. Russel can recommend what kind of gloves to purchase if you're looking to buy your own.
- **Strength Training Education Session**
 - Did you miss the education session? You can view the Powerpoint presentation [here](#).
- **Group Exercise Schedule**
 - Our schedule is posted on our [website](#) as well as on the [member portal](#).
 - Some classes sell out, so it is recommend that you reserve your spot ahead of time using the member portal.

Thank you for continuing your membership at the Campus Wellness Centre. Please send me an email if you have any questions, comments or concerns regarding fitness centre operations.

Cancellation policy: You must send me an email at least 10 business days prior to your next payment to cancel your membership. You must receive an email reply to confirm your cancellation.