

Snowshoe Recommendations

This holiday season, I hope you take the opportunity to get outside and enjoy nature's incredible playground. I've put together some recommendations for you that avoid avalanche terrain and vary in length and difficulty. Check them out and let me know what you think!

Recommended Equipment:

- Warm clothing and layers (bring extra mitts and socks in case your hands/feet get cold)
- Sunglasses and sunscreen (sun reflecting off snow is very powerful)
- Snowshoes and poles
- Insulated boots and gaiters
- Maps of the area
- Food and water or hot drinks (Remember water freezes. I bring a thermos of hot tea)
- Hand/foot warmers

Recommended Routes:

- Chester Lake (6.8km, 300m elevation gain)
 - <https://www.10adventures.com/snowshoeing/kananaskis/chester-lake-snowshoe/>
- Rummel Lake (10km, 400m elevation gain)
 - <https://www.10adventures.com/snowshoeing/kananaskis/rummel-lake-snowshoe/>
- Rummel Ridge (7km, 680m elevation gain)
 - <https://www.10adventures.com/snowshoeing/kananaskis/rummel-ridge-snowshoe/>
 - Recommend to download a map and GPX file as you may be breaking trail
- Rawson Lake (7km, 300m elevation gain)
 - <https://www.10adventures.com/snowshoeing/kananaskis/rawson-lake-snowshoe/>
- Lake Minnewanka (out and back so you choose your distance, relatively flat)
 - <https://trailpeak.com/trails/3307>
- Taylor Lake (16km, 750m elevation gain)
 - <https://www.10adventures.com/snowshoeing/banff-national-park/taylor-lake-and-panorama-meadows-snowshoe/>
 - Watch out for descending skiers. If you continue to the meadows and notice you are destroying the skin track, please make your own snowshoe track next to it.
- Fullerton Loop (7km, 200m elevation gain)
 - <https://www.bckor.ca/fullerton-loop.html>
- West Bragg Creek Trails (various distances)
 - <https://braggcreektrails.org/xc-ski-team/snowshoeinghikingbikingdog-walking/>
 - These are multi-use trails. Watch for fat bikes. You have the right of way, but they may not know that.
- Cox Hill (13km, 730m)
 - <http://bobspirko.ca/Hiking/Kananaskis/CoxHill/CoxHill.html>